

## It may be time for a new conversation.

After a heart attack, the risk of having another is high. Right now, you might feel overwhelmed. This Doctor Discussion Guide may help you have a conversation with your doctor.

Print this Discussion Guide or simply write your answers down on a piece of paper; then, bring it to your next appointment and share with your doctor.

### What are you most concerned about as part of your recovery? (Choose as many as you'd like.)

- |  |  |
|--|--|
| <input type="checkbox"/> I'm worried about having another heart attack                           | <input type="checkbox"/> I want to enjoy my favorite foods and drinks        |
| <input type="checkbox"/> I don't want my family to be worried                                    | <input type="checkbox"/> I am concerned about how to change my daily routine |
| <input type="checkbox"/> High cholesterol runs in my family and I'm not sure how to control mine | <input type="checkbox"/> Other _____   |

### As you work on your recovery plan, it's important that your doctor understands the progress you're making. Track your recovery efforts below and discuss with your doctor.

(Choose as many as you'd like and add any additional details for your doctor in the space provided.)



Eating healthier

\_\_\_\_\_



Increasing physical activity

\_\_\_\_\_



Taking medications after a heart attack

\_\_\_\_\_



Keeping up with doctor appointments

\_\_\_\_\_

### If there are other things you've been doing, write them down here:

\_\_\_\_\_

### Has your doctor already discussed treatment options (eg, statins) to lower your bad cholesterol?

Y\_\_\_\_\_ N\_\_\_\_\_

If **no**, then at your next appointment be sure to ask about this.

If **yes**, please continue on to the next page.

### Approved Use

Repatha<sup>®</sup> is an injectable prescription medicine used:

- in adults with cardiovascular disease to reduce the risk of heart attack, stroke, and certain types of heart surgery.
- along with diet alone or together with other cholesterol-lowering medicines in adults with high blood cholesterol levels called primary hyperlipidemia (including a type of high cholesterol called heterozygous familial hypercholesterolemia) to reduce low density lipoprotein (LDL) or bad cholesterol.

### Important Safety Information

**Do not use Repatha<sup>®</sup> if you** are allergic to evolocumab or to any of the ingredients in Repatha<sup>®</sup>.

**Before you start using Repatha<sup>®</sup>**, tell your healthcare provider about all your medical conditions, including if you are allergic to rubber or latex, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

**Please see full Prescribing Information and the following page for additional Important Safety Information.**

When it comes to lowering your cholesterol to reduce the risk of another heart attack, you feel (choose as many as you'd like):



Confused



Intimidated  
(by the # of questions I have)



Worried



Unprepared

Why did you pick that/those feeling(s)? \_\_\_\_\_

**The lower your LDL, the lower your risk of another heart attack;** so it's always good to know your cholesterol numbers. If you don't know the answers to the next four questions, ask your doctor during your appointment.

What is my most recent bad cholesterol number? \_\_\_\_\_

How has this number looked over the past 6 months? \_\_\_\_\_

What is my goal number? \_\_\_\_\_

Am I close to my goal number? \_\_\_\_\_

**Having a heart attack is scary. Repatha® may help lower your bad cholesterol to reduce your risk of having another. Ask your doctor if Repatha® is right for you.**

### Important Safety Information (Cont'd)

The needle covers on the single-use prefilled syringes and the inside of the needle caps on the single-use prefilled SureClick® autoinjectors contain dry natural rubber. The single-use Pushtronex® system (on-body infusor with prefilled cartridge) is not made with natural rubber latex.

Tell your healthcare provider or pharmacist about any prescription and over-the-counter medicines, vitamins, or herbal supplements you take.

### What are the possible side effects of Repatha®?

Repatha® can cause serious side effects including, serious allergic reactions. Stop taking Repatha® and call your healthcare provider or seek emergency help right away if you have any of these symptoms: trouble breathing or swallowing, raised bumps (hives), rash or itching, swelling of the face, lips, tongue, throat or arms.

The most common side effects of Repatha® include: runny nose, sore throat, symptoms of the common cold, flu or flu-like symptoms, back pain, high blood sugar levels (diabetes) and redness, pain, or bruising at the injection site.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

These are not all the possible side effects of Repatha®. Ask your healthcare provider or pharmacist for more information. Call your healthcare provider for medical advice about side effects.

**You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.**

Please see full **Prescribing Information**.